

Ob Gyn Secrets 4e

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Ob/Gyn Secrets E-Book - Amanda Mularz 2016-04-01

For 30 years, the highly regarded Secrets Series® has provided students and practitioners in all areas of health care with concise, focused, and engaging resources for quick reference and exam review. Ob/Gyn Secrets, 4th Edition, by Drs. Amanda Mularz, Steven Dalati, and Ryan A. Pedigo, features the Secrets' popular question-and-answer format that also includes lists, tables, and an easy-to-read style - making reference and review quick, easy, and enjoyable. Top 100 Secrets and Key Points boxes provide a fast overview of the secrets you must know for success in practice. The proven Secrets® format gives you the most return for your time - concise, easy to read, engaging, and highly effective. This edition features updated content to keep you current with what's new in obstetrics and gynecology, including new technologies that can improve your patient care. A new author team leads a team from prominent institutions, bringing a fresh perspective to this best-selling review.

Abernathy's Surgical Secrets E-Book - Alden H. Harken 2017-08-15

For more than 30 years, the highly regarded Secrets Series® has provided students and practitioners in all areas of health care with concise, focused, and engaging resources for quick reference and exam review. Abernathy's Surgical Secrets, 7th Edition, features the Secrets' popular question-and-answer format that also includes lists, tables, and an easy-to-read style - making reference and review quick, easy, and enjoyable. The proven Secrets® format gives you the most return for your time - concise, easy to read, engaging, and highly effective. Covers the full range of essential topics in general surgery for in-training or practicing professionals. Written by global experts and thought leaders in surgery. Top 100 Secrets and Key Points boxes provide a fast overview of the secrets you must know for success in practice and on exams. Portable size makes it easy to carry with you for quick reference or review anywhere, anytime. Fully updated throughout, with clear illustrations, figures, and flow diagrams that expedite study and review.

Ob/Gyn Secrets - Amanda Mularz 2016-05-02

Fetal & Neonatal Secrets - Richard A. Polin 2013-09-11

Fetal and Neonatal Secrets by Drs. Richard Polin and Alan Spitzer, uses the success formula of the highly popular Secrets Series to offer fast answers to the most essential clinical questions in fetal and neonatal medicine. With its user-friendly Q&A format, practical tips from neonatologists and fetal medicine experts, and "Key Points" boxes, this portable and easy-to-read medical reference book provides rapid access to the practical knowledge you need to succeed both in practice and on board and recertification exams. "Fetal and Neonatal Secrets is a book with an alternative setup that offers answers to a wide spectrum of clinical questions in the field of fetal and neonatal medicine. The book covers both fetal and neonatal medicine, and could be relevant for junior doctors aiming to become obstetricians or pediatricians." Reviewed by: Acta Obstetrica et Gynecologica Scandinavica, January 2015 Get the evidence-based guidance you need to provide optimal care for your fetal and neonatal patients. Zero in on key fetal and neonatal information with a question and answer format, bulleted lists, mnemonics, and practical tips from the authors. Enhance your reference power with a two-color page layout, "Key Points" boxes, and lists of useful websites. Review essential material efficiently with the "Top 100 Secrets in Fetal and Neonatal Medicine" - perfect for last-minute study or self-assessment. Apply all the latest pediatric advances in clinical fetal neonatology techniques, technology, and pharmacology

Ob/gyn Secrets - Thomas J. Bader 2003

This is a handy reference that emphasizes the common problems encountered in gynecologic and obstetric practice. It simplifies a vast amount of information--without being overly simplistic. A wide range of topics is addressed; sections include: General Gynecology, Reproductive Endocrinology and Infertility, Gynecologic Oncology, General Obstetrics, Maternal Complications, The Fetus, The Placenta, Labor and Delivery.

Concise answers that include the authors' pearls, tips, memory aids, and "secrets" Bulleted lists, tables, and illustrations for quick review Succinct text written by experts in their fields All the most important "need-to-know" questions and answers in the proven format of the highly acclaimed Secrets Series® Thorough, highly detailed index This 3rd edition incorporates changes in practice management as well as new technologies. The third edition is under the editorship of a highly regarded new editor, Thomas Bader, MD, of University of Pennsylvania Significant turnover of chapter authorship provides a fresh approach to content throughout All chapters have been substantially revised and updated

Rheumatology Secrets - Sterling West, MD, MACP, FACR 2014-11-05

Stay up to date on the latest common and uncommon rheumatic disorders with Rheumatology Secrets Plus. This enhanced medical reference book addresses the treatment of common and uncommon rheumatic disorders, with each chapter reviewing basic immunology and pathophysiology, important disease manifestations, and practical management issues. The user-friendly style of the popular Secrets Series® makes this updated volume a valuable addition to your library! Review basic immunology and pathophysiology, important disease manifestations, and practical management issues related to rheumatic disorders. Apply the latest knowledge and techniques with content thoroughly updated by leaders in the field. Quickly review key concepts with improved "Plus" formatting, such as larger figures and easier-to-read text. Enhance your reference power through a question-and-answer format, bulleted lists, mnemonics, "Key Points" summaries, lists of useful web sites, and practical tips from the authors. Improve content knowledge with a special chapter containing "Top 100 Secrets," providing an overview of essential material for last-minute study or self-assessment. Expert Consult eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, references, and videos from the book on a variety of devices.

Obstetrics & Gynecology Morning Report: Beyond the Pearls E-Book - Kate V. Meriwether 2018-02-10

Concise and easy to read, Obstetrics & Gynecology Morning Report: Beyond the Pearls is a case-based reference that covers the key material included on the USMLE Step 2 and Step 3, as well as the OB-GYN clerkship. Focusing on the practical information you need to know, it teaches how to analyze a clinical vignette in the style of a morning report conference, sharpening your clinical decision-making skills and helping you formulate an evidence-based approach to realistic patient scenarios.

Medical Bondage - Deirdre Cooper Owens 2017-11-15

The accomplishments of pioneering doctors such as John Peter Mettauer, James Marion Sims, and Nathan Bozeman are well documented. It is also no secret that these nineteenth-century gynecologists performed experimental caesarean sections, ovariectomies, and obstetric fistula repairs primarily on poor and powerless women. Medical Bondage breaks new ground by exploring how and why physicians denied these women their full humanity yet valued them as "medical superbodies" highly suited for medical experimentation. In Medical Bondage, Cooper Owens examines a wide range of scientific literature and less formal communications in which gynecologists created and disseminated medical fictions about their patients, such as their belief that black enslaved women could withstand pain better than white "ladies." Even as they were advancing medicine, these doctors were legitimizing, for decades to come, groundless theories related to whiteness and blackness, men and women, and the inferiority of other races or nationalities. Medical Bondage moves between southern plantations and northern urban centers to reveal how nineteenth-century American ideas about race, health, and status influenced doctor-patient relationships in sites of healing like slave cabins, medical colleges, and hospitals. It also retells the story of black enslaved women and of Irish immigrant women from the perspective of these exploited groups and thus restores for us a

picture of their lives.

Ultrasound in Obstetrics and Gynecology - Kathryn A. Gill 2014

Orthopedic Secrets E-Book - Surena Namdari 2014-10-21

Quickly reference the answers you need to the most important clinical questions in orthopedics with Orthopedic Secrets. Fully updated throughout, this classic medical reference book covers the entire range of essential topics in orthopedics, organized by subspecialty, for rapid access to the knowledge you need for success both in practice and on board and recertification exams. Consult this title on your favorite e-reader, conduct rapid searches, and adjust font sizes for optimal readability. Zero in on key orthopedic information with a question-and-answer format, bulleted lists, mnemonics, and practical tips from the authors. Enhance your reference power with "Key Points" boxes and lists of useful websites. Review essential material efficiently with a "Top 100 Secrets" chapter, perfect for last-minute study or self-assessment. Take a fresh, updated approach to orthopedics with new editors and authors from the world-class orthopedic program at the University of Pennsylvania. Focus on the details most relevant to your needs through a new case-based approach that's perfect for student or resident reference/review, or for any practitioner looking for a broad overview of the field.

Secrets of the Mommyhood - Heather Alexander 2012-09

Provides anecdotal information on the various aspects of pregnancy, childbirth, and preparing for and having a baby.

Neurology Secrets E-Book - Joseph S. Kass 2016-04-19

Part of the bestselling Secrets Series, the updated sixth edition of Neurology Secrets continues to provide an up-to-date, concise overview of the most important topics in neurology today. It serves as a comprehensive introduction for medical students, physician assistants, and nurse practitioners, and is also a handy reference and refresher for residents and practitioners. Lists, tables, and clear illustrations throughout expedite review, while the engaging Secrets Series format makes the text both enjoyable and readable. New lead editors, Drs. Kass and Mizrahi, join this publication from a leading neurology program to lend a fresh perspective and expert knowledge. Expedites reference and review with a question-and-answer format, bulleted lists, and practical tips from the authors. Covers the full range of essential topics in understanding the practice of neurology. Features "Key Points" boxes to further enhance your reference power. Presents a chapter containing "Top 100 Secrets" for an overview of essential material for last-minute study or self-assessment. Fits comfortably in the pocket of your lab coat to allow quick access to essential information. Completely revised content covers all of today's most common neurologic conditions and their treatments. New lead editors offer a fresh perspective and expert knowledge.

Garden of Secrets - Barbara Freethy 2011-09-20

Dr. Charlotte Adam is torn between two men in this final book in the heart-tugging Angel's Bay series from the #1 New York Times bestselling author Barbara Freethy. For years, Dr. Charlotte Adams has been concentrating on her career and trying to make up for her past by helping out pregnant teenagers. Taking care of Annie's baby has gone a long way in healing old wounds and Charlotte realizes she needs to think about what she wants for her future and if Andrew Schilling, a high school romance gone wrong, or Joe Silveira, the hot divorced police chief, have any part in it. Both Andrew and Joe are trying to convince Charlotte to give them a chance. But when Pamela, the girl who destroyed Andrew and Charlotte's relationship, shows up once again—and this time pregnant and in trouble—Charlotte realizes that Andrew is hiding things from her. Unsure of telling the truth, Andrew keeps his cards close, even when trouble comes in the form of Kenny, Pamela's ex-con boyfriend and Andrew's old college buddy. But keeping his silence could have deadly results. Meanwhile, Joe is given a second chance at love and realizes Charlotte is the only woman he wants. When he can't find her anywhere, he knows something is wrong. With Kenny in town and Pamela due, Joe knows he must find Charlotte before it's too late.

National Library of Medicine Current Catalog - National Library of Medicine (U.S.) 1992

Meditation Secrets for Women - Camille Maurine 2009-10-13

Finally—an approach to meditation especially for women! The benefits of meditations are manifold—but so few practices are tailored to the special needs and interests of women. Now, with Meditation Secrets for Women, you can discover how to love your body and find a time and place to tune

into yourself and restore inner balance. Get in touch with your body's natural rhythms. Honor your instincts, and tap into your feminine power so that you can emerge nourished, revitalized, and joyful. Meditation Secrets for Women offers all the tools and insights necessary for women to design their own custom meditation techniques, without all the restrictions of traditional practices. Learn How To: Make use of sensual, pleasurable meditation techniques Gain a refreshing, rejuvenating rest that is deeper than sleep Relieve stress and promote good health Relax and be yourself as you reap life-affirming benefits Live in harmony with your world Enhance your relationships and creativity

Deja Review Obstetrics & Gynecology - Catherine J. Lee 2007-09-22
"Flash cards in a book" for the Obstetrics & Gynecology shelf-exam and the USMLE Step 2 CK -- written by students, for students ". . . well organized and an easy read for the medical student looking to get a concise review on relevant content, material, and concepts tested on the USMLE Step 2 CK and the NBME shelf exam in this specialty." -- Kevyn To, M4, SUNY Upstate ". . . hits all the key topics using the most time-efficient question-answer format. I loved using this book for my clerkship because it includes almost every "pimp" question I encountered and was an excellent review for the shelf exam." -- Barrett Little, M4, Temple University School of Medicine
Deja Review: Obstetrics & Gynecology boils down your course work to just the critical concepts. Drawn from the perspectives of top students fresh from acing their shelf exams and the USMLE Step 2 CK, this unbeatable guide features a quick-hit Q&A presentation -- one that helps you efficiently plow through a large amount of information. It also allows you to zero-in on only the correct answers to promote memory retention and maximize your study time. FEATURES "Flash cards in a book" for maximum retention in the shortest amount of time All-inclusive, yet concise coverage of Internal Medicine Study-enhancing tips, mnemonics, and insider advice Clinical vignettes chapter preps you for cases you'll see on the exam

Menopause Confidential - Tara Allmen, M.D. 2016-09-20

An authoritative guide to understanding and navigating the hormonal changes and health issues women experience in midlife and beyond, from one of the leading medical experts in the field. The physical changes that occur after women turn forty are unavoidable—and can be unnerving. Menopause affects every aspect of life—from sex and sleep to mood and mental clarity to weight and body temperature. While there are a number of resources available, many are confusing and contradictory. Now, Manhattan gynecologist Dr. Tara Allmen, an experienced, nationally board-certified menopause practitioner and the recipient of the 2015 Doctor's Choice National Award for Obstetrics & Gynecology, shares her knowledge to help women be their happiest and healthiest, and turn this challenging time into an exciting one. Written in her effervescent yet assured voice, Menopause Confidential provides simple strategies and cutting-edge information on: hormonal changes and the symptoms of perimenopause and menopause; the health risks associated with midlife—from cutting through the conflicting opinions and advice about health screenings (Do I really need a colonoscopy? How often should I get a mammogram?) to common medical conditions, such as osteoporosis; various remedies, both allopathic and natural, to combat symptoms and empower women to make the best choices for their individual needs; practical tips and resources for mitigating the effects of menopause. Fifty-one-year-old Dr. Allmen knows firsthand what women are going through, and shares stories of her own personal travails and solutions. Women can't turn back the clock, but they can take control of their health and flourish in midlife. Menopause Confidential encourages them to be informed, be proactive, and be their greatest selves.

This Is Going to Hurt - Adam Kay 2019-12-03

In the US edition of this international bestseller, Adam Kay channels Henry Marsh and David Sedaris to tell us the "darkly funny" (The New Yorker) -- and sometimes horrifying -- truth about life and work in a hospital. Welcome to 97-hour weeks. Welcome to life and death decisions. Welcome to a constant tsunami of bodily fluids. Welcome to earning less than the hospital parking meter. Wave goodbye to your friends and relationships. Welcome to the life of a first-year doctor. Scribbled in secret after endless days, sleepless nights and missed weekends, comedian and former medical resident Adam Kay's This Is Going to Hurt provides a no-holds-barred account of his time on the front lines of medicine. Hilarious, horrifying and heartbreaking by turns, this is everything you wanted to know -- and more than a few things you didn't -- about life on and off the hospital ward. And yes, it may leave a scar.

USMLE Step 1 Secrets in Color E-Book - Thomas A. Brown 2016-11-27

Concise and easy-to-use, USMLE Step 1 Secrets provides the most effective, high-yield review you need for achieving success on this high-stakes exam. Presented in the popular Secrets Q&A format, this bestselling USMLE review book features questions and short answers along with case scenarios to prepare you for the vignette-style USMLE exam. A case-based approach and abundant clinical context help prepare for the vignette-style of the USMLE exam. Renowned USMLE review author Dr. Thomas Brown and Dr. Sonali Bracken bring together their expertise with a team of medical student reviewers and authors to provide the most current overview of board-tested content. Figures, tables, and summary boxes provide a visual and concise overview of important board-relevant content. New color images added throughout—including those found in a new chapter covering high-yield dermatology and pathology—enhance visual review of important, board-relevant images.

The Secret Female Hormone - Kathy C. Maupin, M.D. 2015-03-02

You know the experiences all too well. You can't sleep, so you start your day feeling exhausted. Seemingly overnight, you can't remember names, places, appointments—things you could previously recite at the drop of a hat. You want to be more active, but you have zero energy for that. And sex? Forget it! By now, you've probably been told this is "normal," or that it's the "natural" course of aging. And you might even believe it, because so many women approaching midlife have the exact same symptoms. In fact, millions of women worldwide are undiagnosed and untreated for hormone deficiency. As one of the country's leading experts on hormonal balance—and as a woman who experienced these symptoms herself—Dr. Kathy Maupin has identified a debilitating and overlooked health condition: testosterone deficiency syndrome, or TDS. Most people associate testosterone with men, but it's one of the most vital hormones in women, and one of the first hormones that women begin to lose as they enter their 40s. And Dr. Maupin's own research has shown that the symptoms of aging—fatigue, memory loss, moodiness, low libido, and so much more—are initiated and accelerated by testosterone loss. In this book, Dr. Maupin and therapist Brett Newcomb show how testosterone replacement can radically improve your life. They share the history and background of hormone replacement therapy, the latest research on treatment options, as well as:

- Tips for dealing with mood swings, changes in sex drive, and maintaining healthy relationships
- Surprising information on the long-term effects and health risks of testosterone loss
- Common myths and misconceptions regarding estrogen and testosterone replacement therapy
- Questionnaires to help you determine your individual hormone deficiencies
- Real stories and personal experiences

Dr. Maupin's patients share Clear, practical, and easy-to-use, this authoritative guide sheds light on the importance of testosterone and will help you reclaim your physical, mental, emotional, and spiritual health.

Confessions of a Male Gynecologist - Andre Bellanger 2016-04-26

Curious about the world of obstetrics and gynecology? Want to know why a future doctor would want to specialize in gynecology? Or perhaps you'd just like a peek behind the curtain, so to speak -- and to hear some OBGYN secrets. If you're intrigued by any of these topics, or just want to know about women's health from an OBGYN who tells it like it is, this book is for you. "Confessions of a Male Gynecologist" reveals not only what your gynecologist is thinking when your feet are in the stirrups, but provides women with some frank advice. Dr. Bellanger provides readers with an education, gets on his high horse, and shares some unbelievable (and in many cases), "laugh-out-loud" stories. Here's what readers have to say ... "... full of insights you had no idea you wanted to know." "... informational, educational, and at times downright hysterical" "... answers all the questions you've ever had about your gynecologist" "... an entertaining experience." "... an insightful look into the complexity and realities of not only women's health, but the state of our health care system today."

Ultrasound Secrets - Vikram S. Dogra 2003-11-26

Following the Socratic principle that the best way to teach is to ask the right questions, the highly popular Secrets Series® has become an important part of medical education. The "Secrets" approach has given birth to a whole series of soft-cover books in a question-and-answer format. This book provides concise and condensed information in easily understandable language and contains pearls and answers to practical issues in the daily practice of ultrasonography. It highlights key diagnostic sonography concepts, based on organ systems, including obstetrics and gynecology. Covers all of the most important "need-to-know" information in the proven question-and-answer format of the highly acclaimed Secrets Series.® Provides concise answers that include

the author's pearls, tips, memory aids, and "secrets." Uses bulleted lists, algorithms, and illustrations for quick review. Features the contributions from a team of international experts in cardiac surgery care. Presents a vast amount of information in a quick access format. Includes a thorough, highly detailed index. Includes clear and concise summaries of controversies in management and treatment

201 Secrets to Healthy Living - Siloam Editors 2011-11-21

DIV201 Secrets to Healthy Living features advice, tips, activities, and healthy recipes from twenty of our top-selling authors, gleaned from their most popular Siloam titles. /div

Catching Babies - J.D. Kleinke 2011-03-01

Birth, and death. Two ends of the same spectrum. And sometimes the only person standing between is a tired, overworked resident with personal problems of her own. Welcome to the world of Catching Babies. In the halls of a busy metropolitan teaching hospital, a group of OB/GYN doctors complete their residencies and embark on ambitious careers, all while trying to hold their lives together at the seams. Jay is running from a life he's tried to leave behind, while Katie sacrifices everything she has to serve an endless parade of needy patients. Anna is out trying to save the world, while Tracy is trying to save twins dying in utero. Based on true stories from delivery rooms and labor decks, Catching Babies spins the doctors' stories into a gripping mosaic of the obsessions, the anxieties, and the heroism of doctors who have chosen to preside over life's greatest medical drama—high-risk childbirth.

Ob/gyn Secrets - Thomas J. Bader 2005

Provides a question-and-answer format for review of common OB/Gyn issues. Contains concise answers, practical tips, and bulleted lists.

Secret Suffering: How Women's Sexual and Pelvic Pain Affects Their Relationships - Susan Bilheimer 2009-05-19

Through classic, new, and emerging research, with statements from experts and interviews with Chronic Pelvic Pain (CPP) sufferers and their partners and spouses, Secret Suffering: How Women's Sexual and Pelvic Pain Affects Their Relationships exposes and gives strong voice and compassionate understanding to this complex disorder. • 4 figures

Urgent Care Medicine Secrets E-Book - Robert P. Olympia 2017-08-04

For more than 30 years, the highly regarded Secrets Series® has provided students and practitioners in all areas of health care with concise, focused, and engaging resources for quick reference and exam review. Urgent Care Secrets, a new volume in this bestselling series, features the Secrets' popular question-and-answer format that also includes lists, tables, and an easy-to-read style - making reference and review quick, easy, and enjoyable. The proven Secrets® format gives you the most return for your time - concise, easy to read, engaging, and highly effective. Provides an evidence-based approach to medical and traumatic complaints presenting to urgent care centers, focusing on presenting signs and symptoms, differential diagnosis, office management, and when to refer for higher level of care. Covers the full range of essential topics for understanding today's practice of urgent care - essential information for physicians, nurse practitioners, and physician assistants. Clear illustrations, figures, and flow diagrams expedite reference and review. Top 100 Secrets and Key Points boxes provide a fast overview of the secrets you must know for success in practice and on exams.

ENT Secrets - Melissa A. Scholes 2015-07-24

"This is a very good all round ENT book " Reviewed by: Harry Brown on behalf of www.glycosmedia.com, November 2015 Apply the latest knowledge and techniques with content thoroughly updated by leaders in the field. Quickly review key concepts through a question-and-answer format, bulleted lists, mnemonics, "Exam Pearls," "Key Points" summaries, and practical tips from the authors. Enhance your reference power with a full range of well-organized essential topics in ear, nose and throat disorders. Improve content knowledge with a special chapter containing "Top 100 Secrets," providing an overview of essential material for last-minute study or self-assessment. Expert Consult eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, and references from the book on a variety of devices.

Radiology Secrets Plus E-Book - E. Scott Pretorius 2010-07-01

Radiology Secrets Plus—a Secrets Series title in the new PLUS format—offers an easy-to-read, information-at-your-fingertips approach to radiology. Drs. E. Scott Pretorius and Jeffrey A. Solomon provide the expert perspective you need to grasp the nuances of this specialty. This new edition offers more information and expanded full color visual elements to provide an overall enhanced learning experience. All this, along with the popular question-and answer approach, makes it a perfect

concise board review tool and a handy clinical reference. Maintains the popular and trusted Secrets Series® format, using questions and short answers for effective and enjoyable learning. Provides the most current overview and authoritative coverage of all topics thanks to contributions from an impressive list of experts in the field of radiology. Introduces the new PLUS format, with an expanded size and layout and full color for easier review, more information, and more visual elements for an overall enhanced experience. Provides the current standards of radiology practice through thorough updates to every chapter that reflect the most up-to-date information. Contains more, larger images (including new full color PET and CT images), to offer a clearer picture of what is seen in practice.

Obstetricia y Ginecología. Secretos - Amanda Mularz 2017-04-24

Este título sigue el esquema de pregunta-respuesta de la serie "Secretos", un modelo de distribución del contenido que permite hacer búsquedas rápidas de información, y que ofrece al usuario la posibilidad de encontrar la información que necesita de una manera sencilla. Supone una guía esencial de referencia que facilita el estudio. Todos los capítulos han sido actualizados según las últimas investigaciones que se han producido en el área de ginecología y obstetricia, cubriendo todas las patologías ginecológicas y también el tratamiento de cada una de ellas, lo que permite que los profesionales de esta especialidad puedan estar al día. Incluye un listado con los 100 Secretos que se deben conocer para obtener el éxito en la práctica. El contenido se distribuye en un total de 70 capítulos repartidos en 6 secciones. Edición que mantiene el estilo claro y accesible de la Serie Secretos y emplea una vez más el esquema de preguntas y respuestas, incluyendo listas y tablas, a fin de hacer más fáciles el estudio y la consulta. Todos los capítulos han sido actualizados según las últimas investigaciones que se han producido en el área de ginecología y obstetricia, cubriendo todas las patologías ginecológicas y su tratamiento. Aporta los conocimientos más relevantes en la medicina basada en la evidencia más actualizada, en un formato accesible, diseñado para estudiantes en rotación por Ginecología y Obstetricia, residentes de esta especialidad y profesionales sanitarios afines interesados en ampliar sus conocimientos en este campo. Reúne los 100 secretos principales en obstetricia y ginecología así como cuadros de puntos clave, perfectos para un repaso de la información esencial para superar con éxito los exámenes y dominar la práctica clínica.

Medical Secrets E-Book - Mary P. Harward 2018-09-29

For more than 30 years, the highly regarded Secrets Series® has provided students and practitioners in all areas of health care with concise, focused, and engaging resources for quick reference and exam review. Medical Secrets, 6th Edition, features the Secrets' popular question-and-answer format that also includes lists, tables, pearls, memory aids, and an easy-to-read style - making inquiry, reference, and review quick, easy, and enjoyable. The proven Secrets Series® format gives you the most return for your time - succinct, easy to read, engaging, and highly effective. Coverage includes the full range of essential topics in medicine for in-training and practicing professionals, authored by a diverse range of teachers and clinicians who cover both medical and ethical issues. Fully revised and updated throughout, including protocols and guidelines that are continuously evolving and that increasingly dictate best practices. Top 100 Secrets and Key Points boxes provide a fast overview of the secrets you must know for success in practice and on exams.

Your Body Beautiful - Jennifer Ashton M.D., Ob-Gyn 2012-01-05

The popular medical correspondent challenges women to reinvent their health and wellness routines, and make midlife their most vibrant years yet. Demi Moore, Cameron Diaz, Courteney Cox, and the list goes on. The world is realizing that a woman's thirties and forties can be the most beautiful, energetic, and passionate time of her life. Today's women can maximize this stage- and lay the foundation for optimal health and well-being. Dr. Jennifer Ashton embodies this philosophy and wants to help you enjoy these often overlooked years and feel and look your absolute best. Dr. Ashton's passion, warmth, and wit have made her America's fastest-rising women's health expert and medical correspondent. Here, she outlines a powerful approach to health care that can help you unleash new energy, strength, and sexiness. Integrating the latest scientific research, she has created a five-part plan, including: A simple eating plan, tailored to keep energy high and your weight healthy for your changing metabolism A high-powered fitness program to help you work out harder in less time Stress-reduction techniques and simple strategies for relaxation An effective, step-by-step sleep plan Prevention advice for reducing your risk of heart disease, cancer, and other

potentially fatal ailments Authoritative yet written in a friendly, girlfriend-to-girlfriend voice, Your Body Beautiful and its transformative strategies will help you look and feel younger, stronger, and more vibrant than ever.

Abernathy's Surgical Secrets E-Book - Alden H. Harken 2008-12-22

The new edition of this leading volume in the Secrets Series® offers the very latest overview of surgical practice. A two-color page layout, question-and-answer approach, and a list of the "Top 100 Secrets in surgery gives you the perfect concise board review or handy clinical reference, while updated coverage throughout equips you with all of the most current and essential knowledge in the field. Valuable pearls, tips, and memory aids make this the perfect resource for a fast surgical review or reference. Uses bulleted lists, tables, short answers, and a highly detailed index to expedite reference. Includes pearls, tips, and memory aids, making it perfect as a handy surgical review for board exams or clinical reference. Covers all of today's most common surgical procedures and techniques. Presents a "Controversies section in many chapters that highlights the pros and cons of selected procedures and approaches. Features a compact trim size for enhanced portability. Features revisions throughout to provide you with an up-to-date overview of today's surgical care and practice. Includes new chapters on mechanical ventilation, bariatric surgery, adrenal incidentaloma, mechanical circulatory support, and professionalism, to keep you current.

USMLE Step 2 Secrets E-Book - Theodore X. O'Connell 2017-05-06

Concise and easy to use, USMLE Step 2 Secrets, by prolific author Theodore X. O'Connell, MD, is an effective, high-yield review for achieving success on this high-stakes exam. Presented in the popular, time-tested Secrets® Q&A format, this bestselling USMLE review book prepares you for the broad-based diagnosis, treatment, and management questions you'll face on the vignette-style USMLE exam. The proven Secrets® format gives you the most return for your time - concise, easy to read, engaging, and highly effective. Essential questions and answers cover the key conditions you will be expected to recognize, all specialty and subspecialty topics, and necessary clinical concepts. Top 100 Secrets, tips, and memory aids provide a fast overview of the secrets you must know for success in practice and on exams. Portable size makes it easy to carry with you for quick reference or review anywhere, anytime. Thoroughly updated to ensure that content reflects the current USMLE exam. New color images added throughout, plus numerous figures, tables, and summary boxes for visual overview of essential, board-relevant content.

Physical Diagnosis Secrets E-Book - Salvatore Mangione 2012-04-21

This popular reference presents essential knowledge on physical diagnosis and health assessment in a practical and engaging question-and-answer format. A wealth of high-quality illustrations guide you through the first and most important of challenges involved in diagnosing any patient: performing the history and physical exam. Assessment techniques are highlighted and weighted based on their clinical importance. This detailed, highly focused and practical guide will equip you with the skills you need to confidently evaluate your patients! The proven question-and-answer format of the highly acclaimed Secrets Series® makes it easy to master all of the most important "need-to-know" information on physical diagnosis. Chapters are arranged by body system for practical, easy retrieval of key information. Author pearls, tips, memory aids, and "secrets" provide concise answers to the common questions encountered in everyday practice. The "Top 100" Secrets of History Taking and Physical Examination are conveniently listed in one place for quick review. A new chapter on interpreting presenting symptoms and physical findings to facilitate diagnosis. Key Points boxes in each chapter place essential information at your fingertips. 100 new line drawings clarify key concepts. The Secrets Heart and Lung Sounds Workshop—both in CD-ROM and online format—is available for purchase with the book, and through Student Consult online access, and features audio clips from actual patients, along with Dr. Mangione's commentary and a 32-page downloadable manual, to help you obtain the maximum diagnostic benefit from listening to heart and lung sounds. STUDENT CONSULT access allows you to view the complete contents of the book online, anywhere you go...perform quick searches...and add your own notes and bookmarks.

My Life as an OB-GYN - Douglas Heritage 2016-11-30

For most women, a visit to the OB-GYN is a dreaded experience. It invokes images of sitting on an examination table in a flimsy, tissue paper gown, of staring nervously at the dreaded "stirrups," of feeling exposed, of being poked and prodded, and of being asked embarrassing

questions about sex and reproduction. If it is a first visit, the patient will inevitably wonder: "What is my doctor really like? Is he cold and clinical or friendly and down to earth? How did he become a doctor? And why?" In a book that is as eye-opening as it is compelling, retired OB-GYN Douglas Edwin Heritage invites us to share the joy, humor, and tragedy of his 43-year career as a medical student, intern, resident, and physician in private practice. Through a series of short vignettes, Heritage leads us through experiences ranging from the unconventional pranks of medical school to the solemnity of pronouncing his first patient. He candidly brings to life the colorful and often bizarre encounters that define the unique medical subculture of obstetrics and gynecology. Stimulating, irreverent, and often droll, My Life as an OB-GYN will delight both practitioners and laymen alike.

Ob/gyn Secrets - Helen L. Frederickson 1991

Birth of a Better Way - Kalena Cook 2010

A must-read for women who want to know all of their choices in childbirth. --

Nephrology Secrets - Edgar V. Lerma 2011-06-21

Nephrology Secrets, 3rd Edition, by Drs. Edgar V. Lerma and Allen R. Nissenson, gives you the nephrology answers you need to succeed on your rotations and boards.. Its unique, highly practical question-and-answer format, list of the "Top 100 Nephrology Secrets," and user-friendly format make it perfect for quick reference. Get the most return for your study time with the proven Secrets® format -- concise, easy to read, and highly effective. Skim the "Top 100 Secrets" and "Key Points" boxes for a fast overview of the secrets you must know for success on the

boards and in practice. Enjoy faster, easier review and master the top issues in nephrology with mnemonics, lists, quick-reference tables, and an informal tone that sets this review book apart from the rest. Carry it with you in your lab coat pocket for quick reference or review anytime, anywhere. Handle each clinical situation with confidence with chapters completely updated to reflect the latest information. Find the answers you need faster thanks to a new, more streamlined and problem-based organization. Get the high-yield answers you need to address top nephrology questions

Cardiology Secrets - Glenn N. Levine 2013

Get quick answers to the most important clinical questions with Cardiology Secrets! Using the popular and trusted Secret Series® Q&A format, this easy-to-read cardiology book provides rapid access to the practical, "in-the-trenches" know-how you need to succeed both in practice, and on cardiology board and recertification exams. Get the evidence-based guidance you need to provide optimal care for your patients with cardiac heart diseases. Explore effective solutions to a full range of clinical issues including the general examination, diagnostic procedures, arrhythmias, symptoms and disease states, valvular heart disease, cardiovascular pharmacology, and other medical conditions with associated cardiac involvement. Zero in on key information with bulleted lists, mnemonics, practical tips from the leading cardiologists, and "Key Points" boxes that provide a concise overview of important board-relevant content. Review essential material efficiently with the "Top 100 Secrets in Cardiology" - perfect for last-minute study or self-assessment. Apply all the latest advances in clinical cardiology techniques, technology, and pharmacology. Access the complete text and illustrations online at Expert Consult, fully searchable.