

The Race Of My Life An Autobiography Milkha Singh

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Guy Martin: My Autobiography - Guy Martin 2014-05-08

The Phenomenal Sunday Times No1 Bestseller 'It was the start of the third lap of the 2010 Senior TT, the last race of the fortnight. The last chance to get a TT win for another year, and I was pushing hard. Ballagarey. The kind of corner that makes me continue road racing. A proper man's corner. You go through the right-hander at something like 170mph, leant right over, eyes fixed as far down the road as I can see. But this time something happened. This time the front end tucked ...' Guy Martin, international road-racing legend, maverick star of the Isle of Man TT, truck mechanic and TV presenter, lives on the edge, addicted to speed, thoroughly exhilarated by danger. In this book we'll get inside his head as he stares death in the face, and risks his life in search of the next high. We'll discover what it feels like to survive a 170mph fireball at the TT in 2010, and come back to do it all again. He'll sweep us up in a gritty sort of glory as he slogs it out for a place on the podium, but we'll also see him struggle with the flipside of fame. We'll meet his friends and foes, his family, his teammates and bosses and we'll discover what motivates him, and where his strengths and weaknesses lie. For the first time, here is the full story in Guy's own words. From the boy who learned to prep bikes with his dad, to the spirited team mechanic, paying his way by collecting beer glasses in pubs, to the young racer at the start of his first race and the buzz he's been chasing ever since. This thrilling autobiography is an intense and dramatic ride.

My Life on the Road - Gloria Steinem 2015-10-27

NEW YORK TIMES BESTSELLER • Gloria Steinem—writer, activist, organizer, and inspiring leader—tells a story she has never told before, a candid account of her life as a traveler, a listener, and a catalyst for change. ONE OF O: THE OPRAH MAGAZINE'S TEN FAVORITE BOOKS OF THE YEAR | NAMED ONE OF THE BEST BOOKS OF THE YEAR BY Harper's Bazaar • St. Louis Post-Dispatch • Publishers Weekly When people ask me why I still have hope and energy after all these years, I always say: Because I travel. Taking to the road—by which I mean letting the road take you—changed who I thought I was. The road is messy in the way that real life is messy. It leads us out of denial and into reality, out of theory and into practice, out of caution and into action, out of statistics and into stories—in short, out of our heads and into our hearts. Gloria Steinem had an itinerant childhood. When she was a young girl, her father would pack the family in the car every fall and drive across country searching for adventure and trying to make a living. The seeds were planted: Gloria realized that growing up didn't have to mean settling down. And so began a lifetime of travel, of activism and leadership, of listening to people whose voices and ideas would inspire change and revolution. My Life on the Road is the moving, funny, and profound story of Gloria's growth and also the growth of a revolutionary movement for equality—and the story of how surprising encounters on the road shaped both. From her first experience of social activism among women in India to her work as a journalist in the 1960s; from the whirlwind of political campaigns to the founding of Ms. magazine; from the historic 1977 National Women's Conference to her travels through Indian Country—a lifetime spent on the road allowed Gloria to listen and connect deeply with people, to understand that context is everything, and to become part of a movement that would change the world. In prose that is revealing and rich, Gloria reminds us that living in an open, observant, and “on the road” state of mind can make a difference in how we learn, what we do, and how we understand each other. Praise for My Life on the Road “This legendary feminist makes a compelling case for traveling as listening: a way of letting strangers' stories flow, as she puts it, ‘out of our heads and into our hearts.’” —People “Like Steinem herself, [My Life on the Road] is

thoughtful and astonishingly humble. It is also filled with a sense of the momentous while offering deeply personal insights into what shaped her.”—O: The Oprah Magazine “A lyrical meditation on restlessness and the quest for equity . . . Part of the appeal of My Life is how Steinem, with evocative, melodic prose, conveys the air of discovery and wonder she felt during so many of her journeys. . . . The lessons imparted in Life on the Road offer more than a reminiscence. They are a beacon of hope for the future.”—USA Today “A warmly companionable look back at nearly five decades as itinerant feminist organizer and standard-bearer. If you've ever wondered what it might be like to sit down with Ms. Steinem for a casual dinner, this disarmingly intimate book gives a pretty good idea, mixing hard-won pragmatic lessons with more inspirational insights.”—The New York Times “Steinem rocks. My Life on the Road abounds with fresh insights and is as populist as can be.”—The Boston Globe

Jenson Button: Life to the Limit - Jenson Button 2017-10-19

LONGLISTED FOR THE WILLIAM HILL SPORTS BOOK OF THE YEAR 2018 This is my life, not the stuff you've seen, but the things you haven't. This is my childhood growing up in the West Country, my struggles, my doubts and my hopes. It's the people I've met in my seventeen years in Formula One, many of whom I've loved, some of whom I definitely haven't. It's the laughs I've shared, the battles I've fought, some on the track with rivals and friends like Fernando Alonso, Lewis Hamilton and Sebastian Vettel. It's the pressure I struggled with as I closed in on my World Championship in 2009, it's the calm I felt every time I settled into the cockpit. It's my dad - the many times he saved me, the one moment he doubted me, the hole in my life he left me. It's everything in one go, the good days as well as the bad. A life lived not just as a racing driver but, ultimately, as a human being.

Slash - 2019

The Race of My Life - Milkha Singh 2013

Milkha Singh has led a life dominated by running, running, running! From a boy who narrowly escaped death during Partition (most of his family was not so lucky), to a juvenile delinquent who stole and outran the police, to a young Army recruit who ran his very first race to win special privileges for himself (a daily glass of milk). After that first race, Milkha Singh became an athlete by default. And what followed was the stuff legends are made of. In this remarkably candid autobiography, Milkha Singh shares the amazing highs of winning India's first ever gold in athletics at the Commonwealth Games, the unbridled joy of being hailed as the `Flying Sikh' in Pakistan, as well as the shattering low of failure at the Olympics. Simple, yet ambitious; famous, yet grounded; temptations all around him, yet remaining celibate so he could focus on racing; a rich and beautiful girl who was desperate for him, yet fighting the world to marry his lady love, Nimmi—even as the on-field drama found its way into his personal life, Milkha was a man who defined his own destiny. And yet, for a man whose life was dominated by sports, he continues to remain disillusioned with the way sports is run. Powerful and gripping, The Race of My Life documents the journey of an impoverished refugee who rose to become one of the most towering figures in Indian sports.

Chasing My Cure - David Fajgenbaum 2019-09-10

LOS ANGELES TIMES AND PUBLISHERS WEEKLY BESTSELLER • The powerful memoir of a young doctor and former college athlete diagnosed with a rare disease who spearheaded the search for a cure—and became a champion for a new approach to medical research. “A wonderful and moving chronicle

of a doctor's relentless pursuit, this book serves both patients and physicians in demystifying the science that lies behind medicine."—Siddhartha Mukherjee, New York Times bestselling author of *The Emperor of All Maladies* and *The Gene* David Fajgenbaum, a former Georgetown quarterback, was nicknamed the Beast in medical school, where he was also known for his unmatched mental stamina. But things changed dramatically when he began suffering from inexplicable fatigue. In a matter of weeks, his organs were failing and he was read his last rites. Doctors were baffled by his condition, which they had yet to even diagnose. Floating in and out of consciousness, Fajgenbaum prayed for a second chance, the equivalent of a dramatic play to second the game into overtime. Miraculously, Fajgenbaum survived—only to endure repeated near-death relapses from what would eventually be identified as a form of Castleman disease, an extremely deadly and rare condition that acts like a cross between cancer and an autoimmune disorder. When he relapsed while on the only drug in development and realized that the medical community was unlikely to make progress in time to save his life, Fajgenbaum turned his desperate hope for a cure into concrete action: Between hospitalizations he studied his own charts and tested his own blood samples, looking for clues that could unlock a new treatment. With the help of family, friends, and mentors, he also reached out to other Castleman disease patients and physicians, and eventually came up with an ambitious plan to crowdsource the most promising research questions and recruit world-class researchers to tackle them. Instead of waiting for the scientific stars to align, he would attempt to align them himself. More than five years later and now married to his college sweetheart, Fajgenbaum has seen his hard work pay off: A treatment he identified has induced a tentative remission and his novel approach to collaborative scientific inquiry has become a blueprint for advancing rare disease research. His incredible story demonstrates the potency of hope, and what can happen when the forces of determination, love, family, faith, and serendipity collide. Praise for *Chasing My Cure* "A page-turning chronicle of living, nearly dying, and discovering what it really means to be invincible in hope."—Angela Duckworth, #1 New York Times bestselling author of *Grit* "[A] remarkable memoir . . . Fajgenbaum writes lucidly and movingly . . . Fajgenbaum's stirring account of his illness will inspire readers."—Publishers Weekly

My Life and An Era - John Hope Franklin 1997-10-01

"My father's life represented many layers of the human experience—freedman and Native American, farmer and rancher, rural educator and urban professional."—John Hope Franklin Buck Colbert Franklin (1879-1960) led an extraordinary life; from his youth in what was then the Indian Territory to his practice of law in twentieth-century Tulsa, he was an observant witness to the changes in politics, law, daily existence, and race relations that transformed the wide-open Southwest. Fascinating in its depiction of an intelligent young man's coming of age in the days of the Land Rush and the closing of the frontier, *My Life and an Era* is equally important for its reporting of the triracial culture of early Oklahoma. Recalling his boyhood spent in the Chickasaw Nation, Franklin suggests that blacks fared better in Oklahoma in the days of the Indians than they did later with the white population. In addition to his insights about the social milieu, he offers youthful reminiscences of mustangs and mountain lions, of farming and ranch life, that might appear in a Western novel. After returning from college in Nashville and Atlanta, Franklin married a college classmate, studied law by mail, passed the bar, and struggled to build a practice in Springer and Ardmore in the first years of Oklahoma statehood. Eventually a successful attorney in Tulsa, he was an eyewitness to a number of important events in the Southwest, including the Tulsa race riot of 1921, which left more than 100 dead. His account clearly shows the growing racial tensions as more and more people moved into the state in the period leading up to World War II. Rounded out by an older man's reflections on race, religion, culture, and law, *My Life and an Era* presents a true, firsthand account of a unique yet defining place and time in the nation's history, as told by an eloquent and impassioned writer.

My Life, as I See It - Dionne Warwick 2011-11-22

The five-time Grammy Award-winning music performer reflects on half a century of show business, tracing her humble origins and partnerships with Burt Bacharach and Hal David through her friendships with fellow artists and appointment to Global Ambassador for the United Nations' Food and Agriculture Organization. Reprint.

Sing for Your Life - Daniel Bergner 2016-09-27

A New York Times bestseller A New York Times Notable Book A Washington Post Notable Book A

Publishers Weekly Book of the Year As seen on CBS This Morning, NPR's Fresh Air, and People Magazine A New York Times Book Review Editor's Choice A Publishers Weekly Best Book of the Year A Library Journal Nonfiction Pick of September The New York Times bestseller about a young black man's journey from violence and despair to the threshold of stardom. "A beautiful tribute to the power of good teachers."--Terry Gross, Fresh Air "One of the most inspiring stories I've come across in a long time."--Pamela Paul, New York Times Book Review Ryan Speedo Green had a tough upbringing in southeastern Virginia: his family lived in a trailer park and later a bullet-riddled house across the street from drug dealers. His father was absent; his mother was volatile and abusive. At the age of twelve, Ryan was sent to Virginia's juvenile facility of last resort. He was placed in solitary confinement. He was uncontrollable, uncontainable, with little hope for the future. In 2011, at the age of twenty-four, Ryan won a nationwide competition hosted by New York's Metropolitan Opera, beating out 1,200 other talented singers. Today, he is a rising star performing major roles at the Met and Europe's most prestigious opera houses. *SING FOR YOUR LIFE* chronicles Ryan's suspenseful, racially charged and artistically intricate journey from solitary confinement to stardom. Daniel Bergner takes readers on Ryan's path toward redemption, introducing us to a cast of memorable characters—including the two teachers from his childhood who redirect his rage into music, and his long-lost father who finally reappears to hear Ryan sing. Bergner illuminates all that it takes—technically, creatively—to find and foster the beauty of the human voice. And *Sing for Your Life* sheds unique light on the enduring and complex realities of race in America.

Speaking my Soul - John Russell Rickford 2021-12-29

Speaking My Soul is the honest story of linguist John R. Rickford's life from his early years as the youngest of ten children in Guyana to his status as Emeritus Professor of Linguistics at Stanford, of the transformation of his identity from colored or mixed race in Guyana to black in the USA, and of his work championing Black Talk and its speakers. This is an inspiring story of the personal and professional growth of a black scholar, from his life as an immigrant to the USA to a world-renowned expert who has made a leading contribution to the study of African American life, history, language and culture. In this engaging memoir, Rickford recalls landmark events for his racial identity like being elected president of the Black Student Association at the University of California, Santa Cruz; learning from black expeditions to the South Carolina Sea Islands, Jamaica, Belize and Ghana; and meeting or interviewing civil rights icons like Huey P. Newton, Rosa Parks and South African Dennis Brutus. He worked with Rachel Jeantel, Trayvon Martin's good friend, and key witness in the trial of George Zimmerman for his murder—Zimmerman's exoneration sparked the Black Lives Matter movement. With a foreword by poet John Agard, this is the account of a former Director of African and African American Studies whose work has increased our understanding of the richness of African American language and our awareness of the education and criminal justice challenges facing African Americans. It is key reading for students and faculty in linguistics, mixed race studies, African American studies and social justice.

The Grace of Silence - Michele Norris 2011-09-06

ONE OF THE BEST BOOKS OF THE YEAR: San Francisco Chronicle, The Christian Science Monitor, Kansas City Star. A profoundly moving and deeply personal memoir by the co-host of National Public Radio's flagship program All Things Considered. While exploring the hidden conversation on race unfolding throughout America in the wake of President Obama's election, Michele Norris discovered that there were painful secrets within her own family that had been willfully withheld. These revelations—from her father's shooting by a Birmingham police officer to her maternal grandmother's job as an itinerant Aunt Jemima in the Midwest—inspired a bracing journey into her family's past, from her childhood home in Minneapolis to her ancestral roots in the Deep South. The result is a rich and extraordinary family memoir—filled with stories that elegantly explore the power of silence and secrets—that boldly examines racial legacy and what it means to be an American.

Natives - Akala 2018-05-17

SHORTLISTED FOR THE JAMES TAIT BLACK PRIZE | THE JHALAK PRIZE | THE BREAD AND ROSES AWARD & LONGLISTED FOR THE ORWELL PRIZE FOR POLITICAL WRITING 'This is the book I've been waiting for - for years. It's personal, historical, political, and it speaks to where we are now' Benjamin Zephaniah 'I recommend Natives to everyone' Candice Carty-Williams From the first time he was stopped

and searched as a child, to the day he realised his mum was white, to his first encounters with racist teachers - race and class have shaped Akala's life and outlook. In this unique book he takes his own experiences and widens them out to look at the social, historical and political factors that have left us where we are today. Covering everything from the police, education and identity to politics, sexual objectification and the far right, Natives speaks directly to British denial and squeamishness when it comes to confronting issues of race and class that are at the heart of the legacy of Britain's racialised empire. Natives is the searing modern polemic and Sunday Times bestseller from the BAFTA and MOBO award-winning musician and political commentator, Akala. 'The kind of disruptive, aggressive intellect that a new generation is closely watching' Afua Hirsch, Observer 'Part biography, part polemic, this powerful, wide-ranging study picks apart the British myth of meritocracy' David Olusoga, Guardian 'Inspiring' Madani Younis, Guardian 'Lucid, wide-ranging' John Kerrigan, TLS 'A potent combination of autobiography and political history which holds up a mirror to contemporary Britain' Independent 'Trenchant and highly persuasive' Metro 'A history lesson of the kind you should get in school but don't' Stylist

The Story of My Life - Helen Keller 1903

The Story of my Life - Darrow, Clarence 2015-06-06

The novel is narrated in the first-person from the point of view of Alison Poole, "an ostensibly jaded, cocaine-addled, sexually voracious 20-year-old." Alison is originally from Virginia and lives in Manhattan, where she is involved in several sexual relationships and is aspiring to become an actress.

Autobiography and Black Identity Politics - Kenneth Mostern 1999-06-13

Why has autobiography been central to African American political speech throughout the twentieth century? What is it about the racialization process that persistently places African Americans in the position of speaking from personal experience? In *Autobiography and Black Identity Politics: Racialization in Twentieth-Century America*, Kenneth Mostern illustrates the relationship between narrative and racial categories such as 'colored', 'Negro', 'black' or 'African American' in the work of writers such as W. E. B. Du Bois, Zora Neale Hurston, Malcolm X, Martin Luther King, Paul Robeson, Angela Davis and bell hooks. Mostern shows how these autobiographical narratives attempt to construct and transform the political meanings of blackness. The relationship between a black masculine identity that emerged during the 1960s, and the counter-movement of black feminism since the 1970s, is also discussed. This wide-ranging study will interest all those working in African American studies, cultural studies and literary theory.

The Autobiography of an Ex-Colored Man - James Weldon Johnson 2021-01-26

A gifted musician's decision to navigate society as a white man causes an internal debate about anti-blackness and the explicit nature of intent versus impact. James Weldon Johnson presents a distinct conflict driven by a person's desires and overwhelming fear. The *Autobiography of an Ex-Colored Man* follows the story of an unnamed narrator and his unique experience as a fair-skinned Black person. As a child, he is initially unaware of his race, but his mother soon clarifies their family's ancestry. The young man's ability to pass for white allows him to negate the harsh and discriminatory treatment most Black people face. This leads to a series of events that significantly shape the way he views his place in society. James Weldon Johnson delivers a captivating tale of identity politics in the U.S. and abroad. The main character is living a life of omission that provides public gain at a personal cost. This story maintains its relevance as a critical examination of race in society. With an eye-catching new cover, and professionally typeset manuscript, this edition of *The Autobiography of an Ex-Colored Man* is both modern and readable.

Afropessimism - Frank B. Wilderson III 2020-04-07

"Wilderson's thinking teaches us to believe in the miraculous even as we decry the brutalities out of which miracles emerge"—Fred Moten Praised as "a trenchant, funny, and unsparing work of memoir and philosophy" (Aaron Robertson, Literary Hub), Frank B. Wilderson's *Afropessimism* arrived at a moment when protests against police brutality once again swept the nation. Presenting an argument we can no longer ignore, Wilderson insists that we must view Blackness through the lens of perpetual slavery. Radical in conception, remarkably poignant, and with soaring flights of memoir, *Afropessimism* reverberates with wisdom and painful clarity in the fractured world we inhabit. "Wilderson's ambitious book offers its readers two great gifts. First, it strives mightily to make its pessimistic vision plausible. . . . Second, the book

depicts a remarkable life, lived with daring and sincerity."—Paul C. Taylor, Washington Post

My Song - Harry Belafonte 2011-10-11

Harry Belafonte is not just one of the greatest entertainers of our time; he has led one of the great American lives of the last century. Now, this extraordinary icon tells us the story of that life, giving us its full breadth, letting us share in the struggles, the tragedies, and, most of all, the inspiring triumphs. Belafonte grew up, poverty-ridden, in Harlem and Jamaica. His mother was a complex woman—caring but withdrawn, eternally angry and rarely satisfied. His father was distant and physically abusive. It was not an easy life, but it instilled in young Harry the hard-nosed toughness of the city and the resilient spirit of the Caribbean lifestyle. It also gave him the drive to make good and channel his anger into actions that were positive and life-affirming. His journey led to the U.S. Navy during World War II, where he encountered an onslaught of racism but also fell in love with the woman he eventually married. After the war he moved back to Harlem, where he drifted between odd jobs until he saw his first stage play—and found the life he wanted to lead. Theater opened up a whole new world, one that was artistic and political and made him realize that not only did he have a need to express himself, he had a lot to express. He began as an actor—and has always thought of himself as such—but was quickly spotted in a musical, began a tentative nightclub career, and soon was on a meteoric rise to become one of the world's most popular singers. Belafonte was never content to simply be an entertainer, however. Even at enormous personal cost, he could not shy away from activism. At first it was a question of personal dignity: breaking down racial barriers that had never been broken before, achieving an enduring popularity with both white and black audiences. Then his activism broadened to a lifelong, passionate involvement at the heart of the civil rights movement and countless other political and social causes. The sections on the rise of the civil rights movement are perhaps the most moving in the book: his close friendship with Martin Luther King, Jr.; his role as a conduit between Dr. King and the Kennedys; his up-close involvement with the demonstrations and awareness of the hatred and potential violence around him; his devastation at Dr. King's death and his continuing fight for what he believes is right. But *My Song* is far more than the history of a movement. It is a very personal look at the people in that movement and the world in which Belafonte has long moved. He has befriended many beloved and important figures in both entertainment and politics—Paul Robeson, Eleanor Roosevelt, Sidney Poitier, John F. Kennedy, Marlon Brando, Robert Kennedy, Nelson Mandela, Fidel Castro, Tony Bennett, Bill Clinton—and writes about them with the same exceptional candor with which he reveals himself on every page. This is a book that pulls no punches, and turns both a loving and critical eye on our country's cultural past. As both an artist and an activist, Belafonte has touched countless lives. With *My Song*, he has found yet another way to entertain and inspire us. It is an electrifying memoir from a remarkable man.

Up From Slavery - Booker T. Washington 1907

Deals partly with the establishment of the Tuskegee Normal and Industrial Institute.

Can't Nothing Bring Me Down - Ida Keeling 2018-02-27

As seen on The View! *Can't Nothing Bring Me Down* is the memoir of 104-year-old, world-record-holding runner Ida Keeling. Miss Ida, as she's known throughout her Bronx community, isn't your typical runner. Her fierce independence helped her through the Depression and the Civil Rights movement. But her greatest trials were yet to come. Ida's two sons were brutally murdered. Justice was never found. Ida felt like she didn't have the strength to carry on and she couldn't hope anymore. But encouraged by her daughter, Ida put on her first pair of running shoes at the age of sixty-seven and began to chase the paralyzing sorrow from her heart. Running gave light and new energy to Ida, and since her first race nearly thirty-five years ago, she's kept running and never looked back. Holding the world record for the fastest time in the 60-meter dash for the 95-99 age group, Ida isn't slowing down. Now she gives us a clear picture of what it means to overcome obstacles. Ida Keeling shares her inspirational story about growing up as a child of immigrants during the Depression and later raising four children as a single mother. She offers time-tested truths gathered from a lifetime of watching a nation change and from a life-long faith in Jesus. "Every night, I thank him for my many blessings, for his guidance, for his protection," Ida says, "And every night he tells me, 'Miss Ida, you just keep on, because I ain't done with you yet.'"

The Color of Water - James McBride 2006-02-07

From the bestselling author of Deacon King Kong and the National Book Award-winning *The Good Lord Bird*: The modern classic that spent more than two years on *The New York Times* bestseller list and that Oprah.com calls one of the best memoirs of a generation. Who is Ruth McBride Jordan? A self-declared "light-skinned" woman evasive about her ethnicity, yet steadfast in her love for her twelve black children. James McBride, journalist, musician, and son, explores his mother's past, as well as his own upbringing and heritage, in a poignant and powerful debut, *The Color Of Water: A Black Man's Tribute to His White Mother*. The son of a black minister and a woman who would not admit she was white, James McBride grew up in "orchestrated chaos" with his eleven siblings in the poor, all-black projects of Red Hook, Brooklyn. "Mommy," a fiercely protective woman with "dark eyes full of pep and fire," herded her brood to Manhattan's free cultural events, sent them off on buses to the best (and mainly Jewish) schools, demanded good grades, and commanded respect. As a young man, McBride saw his mother as a source of embarrassment, worry, and confusion—and reached thirty before he began to discover the truth about her early life and long-buried pain. In *The Color of Water*, McBride retraces his mother's footsteps and, through her searing and spirited voice, recreates her remarkable story. The daughter of a failed itinerant Orthodox rabbi, she was born Rachel Shilsky (actually Ruchel Dwara Zylska) in Poland on April 1, 1921. Fleeing pogroms, her family emigrated to America and ultimately settled in Suffolk, Virginia, a small town where anti-Semitism and racial tensions ran high. With candor and immediacy, Ruth describes her parents' loveless marriage; her fragile, handicapped mother; her cruel, sexually-abusive father; and the rest of the family and life she abandoned. At seventeen, after fleeing Virginia and settling in New York City, Ruth married a black minister and founded the all-black New Brown Memorial Baptist Church in her Red Hook living room. "God is the color of water," Ruth McBride taught her children, firmly convinced that life's blessings and life's values transcend race. Twice widowed, and continually confronting overwhelming adversity and racism, Ruth's determination, drive and discipline saw her dozen children through college—and most through graduate school. At age 65, she herself received a degree in social work from Temple University. Interspersed throughout his mother's compelling narrative, McBride shares candid recollections of his own experiences as a mixed-race child of poverty, his flirtations with drugs and violence, and his eventual self-realization and professional success. *The Color of Water* touches readers of all colors as a vivid portrait of growing up, a haunting meditation on race and identity, and a lyrical valentine to a mother from her son.

Autobiography - Rudolf Steiner 2006-05

Written 1924-1925 (CW 28) "Because I entered this world with defined soul predispositions, and because the course of my life, as expressed in my biography, is determined by those predispositions, as a spiritual human being I must have existed before my birth. As a being of spirit, I must be the repetition of someone through whose biography mine can be explained. In each life the human spirit appears as a repetition of itself with the fruits of experiences during previous lives. --Rudolf Steiner Rudolf Steiner seldom spoke of himself in a personal way, but in his *Autobiography* we are offered a rare glimpse into some of the most intimate aspects of his inner life, his personal relationships, and significant events that helped to shape the philosopher, seer, and teacher he became. This edition restores the original format of seventy chapters, just as they were written for the *Goetheanum* weekly newsletter. This autobiography is not merely a narrative of Rudolf Steiner's successes and failures, but the story of a soul possessed of a precise, probing scientific mind and a natural clairvoyant ability to see into the spiritual world. Although naturally clairvoyant, Steiner always recognized the integrity and importance of modern scientific methods, and thus he developed a modern discipline he named Anthroposophy, or spiritual science. During the century that followed the events recorded in this autobiography, Rudolf Steiner's insights have touched and enriched numerous areas of life in ways that continue to transform people's lives in the twenty-first century. This illustrated, revised, updated, and expanded edition was the first volume to be released in *The Collected Works of Rudolf Steiner*. This series will eventually collect all of the English translations of Rudolf Steiner's works—including many never before in English—into an attractive and uniform set of his written and spoken words. Contents: Series Foreword, Introduction, and Chronological Context Part 1: Seeds of Awakening, Wiener-Neustadt to Vienna, 1861-1890 Part 2: Fertile Ground, Weimar, 1890 -1897 Part 3: Must I Remain Unable to Speak?, Berlin, 1897 -1907 A Chronology of Rudolf Steiner's Life and Work by Paul Allen Editorial and Reference

Notes by Paul Allen (updated) Annotated Bibliography Index This volume is a translation from German of «Mein Lebensgang» (GA 28). A previous translation was titled *The Course of My Life* (1951).

Fire Shut Up in My Bones - Charles M. Blow 2014

A respected journalist describes the abuse he suffered at the hands of a close family relative, the effect this had on his formative years and how he overcame the anger and self-doubt it left behind. 75,000 first printing.

How We Fight for Our Lives - Saeed Jones 2020-07-07

From award-winning poet Saeed Jones, *How We Fight for Our Lives*—winner of the Kirkus Prize and the Stonewall Book Award—is a “moving, bracingly honest memoir” (*The New York Times Book Review*) written at the crossroads of sex, race, and power. One of the best books of the year as selected by *The New York Times*; *The Washington Post*; NPR; *Time*; *The New Yorker*; *O, The Oprah Magazine*; *Harper’s Bazaar*; *Elle*; *BuzzFeed*; *Goodreads*; and many more. “People don’t just happen,” writes Saeed Jones. “We sacrifice former versions of ourselves. We sacrifice the people who dared to raise us. The ‘I’ it seems doesn’t exist until we are able to say, ‘I am no longer yours.’” Haunted and haunting, *How We Fight for Our Lives* is a stunning coming-of-age memoir about a young, black, gay man from the South as he fights to carve out a place for himself, within his family, within his country, within his own hopes, desires, and fears. Through a series of vignettes that chart a course across the American landscape, Jones draws readers into his boyhood and adolescence—into tumultuous relationships with his family, into passing flings with lovers, friends, and strangers. Each piece builds into a larger examination of race and queerness, power and vulnerability, love and grief: a portrait of what we all do for one another—and to one another—as we fight to become ourselves. An award-winning poet, Jones has developed a style that’s as beautiful as it is powerful—a voice that’s by turns a river, a blues, and a nightscape set ablaze. *How We Fight for Our Lives* is a one-of-a-kind memoir and a book that cements Saeed Jones as an essential writer for our time.

Born to Run - Christopher McDougall 2011-03-29

NATIONAL BESTSELLER • The astonishing and hugely entertaining story that completely changed the way we run. An epic adventure that began with one simple question: Why does my foot hurt? “Equal parts quest, physiology treatise, and running history.... The climactic race reads like a sprint.... It simply makes you want to run.” —*Outside Magazine* Isolated by Mexico's deadly Copper Canyons, the blissful Tarahumara Indians have honed the ability to run hundreds of miles without rest or injury. In a riveting narrative, award-winning journalist and often-injured runner Christopher McDougall sets out to discover their secrets. In the process, he takes his readers from science labs at Harvard to the sun-baked valleys and freezing peaks across North America, where ever-growing numbers of ultra-runners are pushing their bodies to the limit, and, finally, to a climactic race in the Copper Canyons that pits America’s best ultra-runners against the tribe. McDougall’s incredible story will not only engage your mind but inspire your body when you realize that you, indeed all of us, were born to run. Look for *Born to Run 2*, coming in December!

My Lord What a Morning - Marian Anderson 2018-11-11

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Living My Life - Emma Goldman 2006-04-04

Anarchist, journalist, drama critic, advocate of birth control and free love, Emma Goldman was the most famous—and notorious—woman in the early twentieth century. This abridged version of her two-volume autobiography takes her from her birthplace in czarist Russia to the socialist enclaves of Manhattan’s Lower East Side. Against a dramatic backdrop of political argument, show trials, imprisonment, and tempestuous romances, Goldman chronicles the epoch that she helped shape: the reform movements of the

Progressive Era, the early years of and later disillusionment with Lenin's Bolshevik experiment, and more. Sounding a call still heard today, *Living My Life* is a riveting account of political ferment and ideological turbulence. First time in Penguin Classics Condensed to half the length of Goldman's original work, this edition is accessible to those interested in the activist and her extraordinary era

Dreams from My Father - Barack Obama 2007-01-09

#1 NEW YORK TIMES BESTSELLER • ONE OF ESSENCE'S 50 MOST IMPACTFUL BLACK BOOKS OF THE PAST 50 YEARS In this iconic memoir of his early days, Barack Obama "guides us straight to the intersection of the most serious questions of identity, class, and race" (The Washington Post Book World). "Quite extraordinary."—Toni Morrison In this lyrical, unsentimental, and compelling memoir, the son of a black African father and a white American mother searches for a workable meaning to his life as a black American. It begins in New York, where Barack Obama learns that his father—a figure he knows more as a myth than as a man—has been killed in a car accident. This sudden death inspires an emotional odyssey—first to a small town in Kansas, from which he retraces the migration of his mother's family to Hawaii, and then to Kenya, where he meets the African side of his family, confronts the bitter truth of his father's life, and at last reconciles his divided inheritance. Praise for *Dreams from My Father* "Beautifully crafted . . . moving and candid . . . This book belongs on the shelf beside works like James McBride's *The Color of Water* and Gregory Howard Williams's *Life on the Color Line* as a tale of living astride America's racial categories."—Scott Turow "Provocative . . . Persuasively describes the phenomenon of belonging to two different worlds, and thus belonging to neither."—The New York Times Book Review "Obama's writing is incisive yet forgiving. This is a book worth savoring."—Alex Kotlowitz, author of *There Are No Children Here* "One of the most powerful books of self-discovery I've ever read, all the more so for its illuminating insights into the problems not only of race, class, and color, but of culture and ethnicity. It is also beautifully written, skillfully layered, and paced like a good novel."—Charlayne Hunter-Gault, author of *In My Place* "Dreams from My Father is an exquisite, sensitive study of this wonderful young author's journey into adulthood, his search for community and his place in it, his quest for an understanding of his roots, and his discovery of the poetry of human life. Perceptive and wise, this book will tell you something about yourself whether you are black or white."—Marian Wright Edelman

My Remarkable Journey - Katherine Johnson 2021-05-25

The remarkable woman at heart of the smash New York Times bestseller and Oscar-winning film *Hidden Figures* tells the full story of her life, including what it took to work at NASA, help land the first man on the moon, and live through a century of turmoil and change. In 2015, at the age of 97, Katherine Johnson became a global celebrity. President Barack Obama awarded her the prestigious Presidential Medal of Freedom—the nation's highest civilian honor—for her pioneering work as a mathematician on NASA's first flights into space. Her contributions to America's space program were celebrated in a blockbuster and Academy-award nominated movie. In this memoir, Katherine shares her personal journey from child prodigy in the Allegheny Mountains of West Virginia to NASA human computer. In her life after retirement, she served as a beacon of light for her family and community alike. Her story is centered around the basic tenets of her life—no one is better than you, education is paramount, and asking questions can break barriers. The memoir captures the many facets of this unique woman: the curious "daddy's girl," pioneering professional, and sage elder. This multidimensional portrait is also the record of a century of racial history that reveals the influential role educators at segregated schools and Historically Black Colleges and Universities played in nurturing the dreams of trailblazers like Katherine. The author pays homage to her mentor—the African American professor who inspired her to become a research mathematician despite having his own dream crushed by racism. Infused with the uplifting wisdom of a woman who handled great fame with genuine humility and great tragedy with enduring hope, *My Remarkable Journey* ultimately brings into focus a determined woman who navigated tough racial terrain with soft-spoken grace—and the unrelenting grit required to make history and inspire future generations.

[Memoir of a Race Traitor](#) - Mab Segrest 2020-02-04

Back in print after more than a decade, the singular chronicle of life at the forefront of antiracist activism, with a new introduction and afterword by the author "Mab Segrest's book is extraordinary. It is a 'political memoir' but its language is poetic and its tone passionate. I started it with caution and finished it with awe

and pleasure." —Howard Zinn In 1994, Mab Segrest first explained how she "had become a woman haunted by the dead." Against a backdrop of nine generations of her family's history, Segrest explored her experiences in the 1980s as a white lesbian organizing against a virulent far-right movement in North Carolina. *Memoir of a Race Traitor* became a classic text of white antiracist practice. bell hooks called it a "courageous and daring [example of] the reality that political solidarity, forged in struggle, can exist across differences." Adrienne Rich wrote that it was "a unique document and thoroughly fascinating." Juxtaposing childhood memories with contemporary events, Segrest described her journey into the heart of her culture, finally veering from its trajectory of violence toward hope and renewal. Now, amid our current national crisis driven by an increasingly apocalyptic white supremacist movement, Segrest returns with an updated edition of her classic book. With a new introduction and afterword that explore what has transpired with the far right since its publication, the book brings us into the age of Trump—and to what can and must be done. Called "a true delight" and a "must-read" (Minnesota Review), *Memoir of a Race Traitor* is an inspiring and politically potent book. With brand-new power and relevance in 2019, this is a book that far transcends its genre.

The Life and Rhymes of Benjamin Zephaniah - Benjamin Zephaniah 2018-05-03

BBC Radio 4 Book of the Week Benjamin Zephaniah, who has travelled the world for his art and his humanitarianism, now tells the one story that encompasses it all: the story of his life. In the early 1980s when punks and Rastas were on the streets protesting about unemployment, homelessness and the National Front, Benjamin's poetry could be heard at demonstrations, outside police stations and on the dance floor. His mission was to take poetry everywhere, and to popularise it by reaching people who didn't read books. His poetry was political, musical, radical and relevant. By the early 1990s, Benjamin had performed on every continent in the world (a feat which he achieved in only one year) and he hasn't stopped performing and touring since. Nelson Mandela, after hearing Benjamin's tribute to him while he was in prison, requested an introduction to the poet that grew into a lifelong relationship, inspiring Benjamin's work with children in South Africa. Benjamin would also go on to be the first artist to record with The Wailers after the death of Bob Marley in a musical tribute to Nelson Mandela. *The Life and Rhymes of Benjamin Zephaniah* is a truly extraordinary life story which celebrates the power of poetry and the importance of pushing boundaries with the arts.

Running for My Life - Lopez Lomong 2012

Offers the true story of a Sudanese boy who, through unyielding faith, overcame a wartorn nation to become an American citizen and an Olympic contender.

Inheritance - Baynard Woods 2022-06-28

"Bracing, candid, and rueful." —Kirkus Baynard Woods thought he had escaped the backwards ways of the South Carolina he grew up in, a world defined by country music, NASCAR, and the confederacy. He'd fled the South long ago, transforming himself into a politically left-leaning writer and educator. Then he was accused of discriminating against a Black student at a local university. How could I be racist? he wondered. Whiteness was a problem, but it wasn't really his problem. He taught at a majority Black school and wrote essays about education and Civil Rights. But it was his problem. Working as a reporter, it became clear that white supremacy was tearing the country apart. When a white kid from his hometown massacred nine Black people in Charleston, Woods began to delve into his family's history—and the ways that history has affected his own life. When he discovered that his family—both the Baynards and the Woodses—collectively claimed ownership of more than 700 people in 1860, Woods realized his own name was a confederate monument. Along with his name, he had inherited privilege, wealth, and all the lies that his ancestors passed down through the generations. In this gripping and perceptive memoir, Woods takes us along on his journey to understand how race has impacted his life. Unflinching and uninhibited, *Inheritance* explores what it means to reckon with whiteness in America today and what it might mean to begin to repair the past.

[Hold Still](#) - Sally Mann 2015-05-12

NATIONAL BOOK AWARD FINALIST ONE OF THE BEST BOOKS OF THE YEARThe New York Times, Washington Post, The San Francisco Chronicle, Vogue, NPR, Publishers Weekly, BookPage !--EndFragment - A revealing and beautifully written memoir and family history from acclaimed photographer Sally Mann. In this groundbreaking book, a unique interplay of narrative and image, Mann's preoccupation with family,

race, mortality, and the storied landscape of the American South are revealed as almost genetically predetermined, written into her DNA by the family history that precedes her. Sorting through boxes of family papers and yellowed photographs she finds more than she bargained for: "deceit and scandal, alcohol, domestic abuse, car crashes, bogeymen, clandestine affairs, dearly loved and disputed family land . . . racial complications, vast sums of money made and lost, the return of the prodigal son, and maybe even bloody murder." In lyrical prose and startlingly revealing photographs, she crafts a totally original form of personal history that has the page-turning drama of a great novel but is firmly rooted in the fertile soil of her own life.

Racing to the Finish - Dale Earnhardt Jr. 2018-10-16

Dale Earnhardt Jr.'s only authorized book revealing the inside track on his final year of racing and retirement from the driver's seat. "Time was running out on my charade... My secrets were about to be exposed to the world." It was a seemingly minor crash at Michigan International Speedway in June 2016 that ended the day early for Dale Earnhardt Jr. What he didn't know was that it would also end his driving for the year. He'd dealt with concussions before, but concussions are like snowflakes, no two are the same. And recovery can be brutal, and lengthy. When NASCAR star Dale Earnhardt Jr. retired from professional stock car racing in 2017, he walked away from his career as a healthy man. But for years, he had worried that the worsening effects of multiple racing-related concussions would end not only his time on the track but his ability to live a full and happy life. Torn between a race-at-all-costs culture and the fear that something was terribly wrong, Earnhardt tried to pretend that everything was fine, but the private notes about his escalating symptoms that he kept on his phone reveal a vicious cycle: suffering injuries on Sunday, struggling through the week, then recovering in time to race again the following weekend. For the first time, he shares these notes and fully reveals the physical and emotional struggles he faced as he fought to close out his career on his own terms. In this candid reflection, Earnhardt opens up about his frustration with the slow recovery, his admiration for the woman who stood by him through it all, and his determination to share his own experience so that others don't have to suffer in silence. Steering his way to the final checkered flag of his storied career proved to be the most challenging race and most rewarding finish of his life.

Autobiography of a Freedom Rider - Thomas Armstrong 2011-04-20

In the segregated Deep South when lynching and Klansmen and Jim Crow laws ruled, there stood a line of foot soldiers ready to sacrifice their lives for the right to vote, to enter rooms marked "White Only," and to live with simple dignity. They were called Freedom Riders and Thomas M. Armstrong was one of them. This is his story as well as a look ahead at the work still to be done. June, 1961. Thomas M. Armstrong, determined to challenge segregated interstate bus travel in Mississippi, courageously walks into a Trailways bus station waiting room in Jackson. He is promptly arrested for his part in a strategic plan to gain national attention. The crime? Daring to share breathing space marked "Whites Only." Being of African-American descent in the Mississippi Deep South was literally a crime if you overstepped legal or even unspoken cultural bounds in 1961. The consequences of defying entrenched societal codes could result in brutal beatings, displacement, even murder with no recourse for justice in a corrupt political machine, thick with the grease of racial bias. The Freedom Rides were carefully orchestrated and included both black-and-white patriots devoted to the cause of de-segregation. *Autobiography of a Freedom Rider* details the strategies employed behind the scenes that resulted in a national spectacle of violence so stunning in Alabama and Mississippi that Robert Kennedy called in Federal marshals. Armstrong's burning need to create social change for his fellow black citizens provides the backdrop of this richly woven memoir that traces back to his great-grandparents as freed slaves, examines the history of the Civil Rights Movement, the devastating personal repercussions Armstrong endured for being a champion of those rights, the sweet taste of progressive advancement in the past 50 years, and a look ahead at the work still to be done. Hundreds were arrested for their part in the Freedom Rides, Thomas M. Armstrong amongst them. But it is the authors' quest to give homage to "the true heroes of the civil rights movement . . . the everyday black Southerners who confronted the laws of segregation under which they lived . . . the tens of thousands of us who took a chance with our lives when we decided that no longer would we accept the legacy of exclusion that had robbed our ancestors of hope and faith in a just society."

Hermann Maier - Hermann Maier 2005

Hermann ""The Herminator"" Maier, born in 1972, rose from humble beginnings as a scrawny mason to the heights of sports stardom, skiing to four world champion titles and two gold medals in super-G and giant slalom. All that changed in 2001, when a motorcycle accident threatened to end not only his career but his life. True to his reputation, Maier fought his way back to the slopes and further victories. This compelling biography, which includes insightful text selections by Maier himself, tells a riveting story of flirting with death and dodging it through sheer willpower, of painful recoveries and worldwide triumphs. The dramatic text and many color and black-and-white photographs cover Maier's highs and lows, including his appearance at the 1998 Olympic Games at Nagano, where he stunned millions in what has become the most notorious downhill crash of all time. This best-selling biography profiles a man who is a superstar in every sense.

The Story of My Life and Work - Booker T. Washington 1900

A publisher's dummy used for subscription sales of Washington's autobiography. Selected pages of the text and 37 illustrated plates are included. The front and back cover represent two of the three available bindings for the edition; the spine for the third option is pasted to the inside back cover.

I Came As a Shadow - John Thompson 2020-12-15

A NEW YORK TIMES NOTABLE BOOK The long-awaited autobiography from Georgetown University's legendary coach, whose life on and off the basketball court threw America's unresolved struggle with racial justice into sharp relief. John Thompson was never just a basketball coach and *I Came As A Shadow* is categorically not just a basketball autobiography. After five decades at the center of race and sports in America, Thompson—the iconic NCAA champion, Black activist, and educator—was ready to make the private public at last, and he completed this autobiography shortly before his death in the historically tumultuous summer of 2020. Chockful of stories and moving beyond mere stats (three Final Fours, four-time national coach of the year, seven Big East championships, 97 percent graduation rate), Thompson's book drives us through his childhood under Jim Crow segregation to our current moment of racial reckoning. We experience riding shotgun with Celtics icon Red Auerbach and coaching NBA Hall of Famers like Patrick Ewing and Allen Iverson. What were the origins of the the phrase "Hoya Paranoia"? You'll see. And parting his veil of secrecy, Thompson brings us into his negotiation with a D.C. drug kingpin in his players' orbit in the 1980s, as well as behind the scenes of his years on the Nike board. Thompson's mother was a teacher who had to clean houses because of racism in the nation's capital. His father could not read or write. Their son grew up to be a man with his own larger-than-life statue in a building that bears his family's name on a campus once kept afloat by the selling of 272 enslaved Black people. This is a great American story, and John Thompson's experience sheds light on many of the issues roiling our nation. In these pages, he proves himself to be the elder statesman whose final words college basketball and the country need to hear. *I Came As A Shadow* is not a swan song, but a bullhorn blast from one of America's most prominent sons.

Shame on Me - Tessa McWatt 2020-03-24

FINALIST FOR THE GOVERNOR GENERAL'S AWARD FOR NON-FICTION Interrogating our ideas of race through the lens of her own multi-racial identity, critically acclaimed novelist Tessa McWatt turns her eye on herself, her body and this world in a powerful new work of non-fiction. Tessa McWatt has been called Susie Wong, Pocahontas and "black bitch," and has been judged not black enough by people who assume she straightens her hair. Now, through a close examination of her own body--nose, lips, hair, skin, eyes, ass, bones and blood--which holds up a mirror to the way culture reads all bodies, she asks why we persist in thinking in terms of race today when racism is killing us. Her grandmother's family fled southern China for British Guiana after her great uncle was shot in his own dentist's chair during the First Sino-Japanese War. McWatt is made of this woman and more: those who arrived in British Guiana from India as indentured labour and those who were brought from Africa as cargo to work on the sugar plantations; colonists and those whom colonialism displaced. How do you tick a box on a census form or job application when your ancestry is Scottish, English, French, Portuguese, Indian, Amerindian, African and Chinese? How do you finally answer a question first posed to you in grade school: "What are you?" And where do you find a sense of belonging in a supposedly "post-racial" world where shadism, fear of blackness, identity politics and call-

out culture vie with each other noisily, relentlessly and still lethally? Shame on Me is a personal and

powerful exploration of history and identity, colour and desire from a writer who, having been plagued with confusion about her race all her life, has at last found kinship and solidarity in story.